



## **BOXING TIMETABLE**

### **Mondays, Tuesdays, Wednesdays and Thursdays**

4-9yo Kids: **17:00pm - 17:45pm**

10-15yo Juniors: **17:45pm - 18:45pm**

16+ and Adults: **19:00pm - 20:15pm**

### **Saturdays**

4-9yo Kids: **9:00am - 09:45am**

10-15yo Juniors: **09:45am - 10:45am**

16+ and Adults: **10:45am - 12:00am**